



KARIM P. BANANI, DDS
GENERAL DENTIST

You've Taken the Right First Step! You Are Treating Your Periodontal Disease

Periodontal (gum) disease has been linked to: heart disease, diabetes, dementia, and strokes. This is in addition to uncontrolled/advancing periodontal disease leading to tooth loss.

The link below can help visually further explain in more detail the procedure performed at your recent visit.

https://www.youtube.com/watch?v=OkZLYwA_qdE



It is very important that you complete all of your treatment and then begin your Periodontal Maintenance procedures to prevent this disease from recurring or worsening.

The following instructions are some of the main topics in the full post operative instructions given to you after your periodontal treatment today.

- Follow your **doctor's recommendation regarding which over-the-counter medication to use** for any mild to moderate post operative discomfort.
- Clean the area with a soft toothbrush. **The cleaner the area is kept, the faster the healing** and the more successful control of gum disease.
- It is within normal expectations that in the areas treated, the **teeth will be slightly more responsive to hot or cold** items. Use the recommended toothpaste mentioned to you at the office to assist with the sensitivity and remember: *the cleaner the area is kept, the faster it will subside.*

If you have any concerns prior to your next appointment, please reply to this email or call our office at (713) 797-0840.

We will see you in a few weeks!

Your Clinical team at Karim P Banani DDS

Karim P Banani DDS
6410 Fannin St ste 800, Houston, TX, USA
(713) 797-0840